

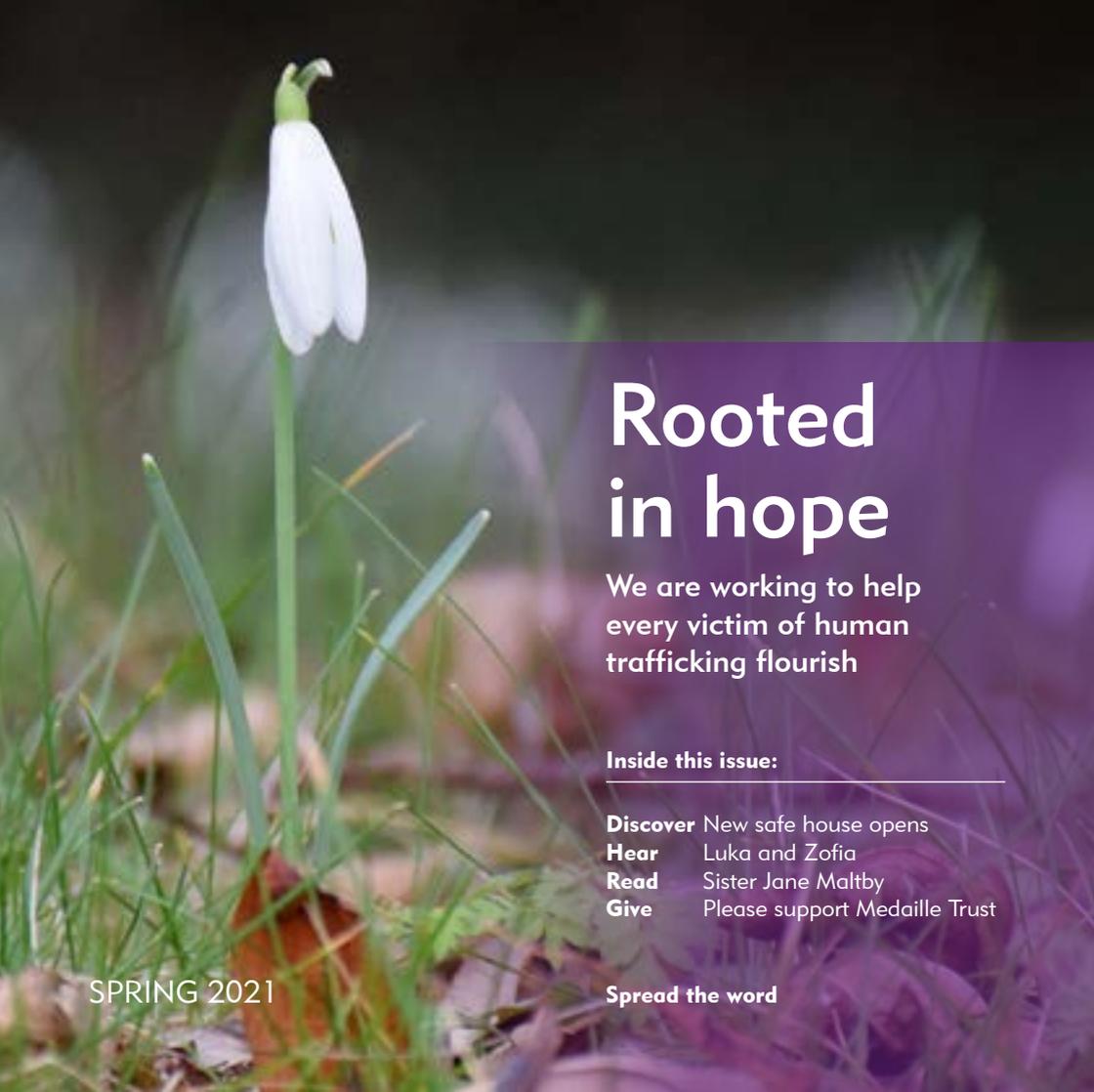


FREE MAGAZINE

# MEDAILLE TRUST

REFUGE AND FREEDOM FROM MODERN SLAVERY

Combating modern slavery by offering safe housing, supporting victims, raising awareness and partnering with law-enforcement agencies.



## Rooted in hope

We are working to help every victim of human trafficking flourish

### Inside this issue:

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- Hear** Luka and Zofia
- Read** Sister Jane Maltby
- Give** Please support Medaille Trust

SPRING 2021

Spread the word

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For security, client names have been changed throughout.

Cover pictures by Nigel Bovey  
Designed by Sam Moore  
Printed by Bensons Printing Company Ltd,  
12 Perry Rd, Witham CM8 3YZ



**MEDAILLE TRUST**  
REFUGEE AND FREEDOM FROM MODERN SLAVERY

Medaille Trust is one of the UK's largest providers of supported accommodation for victims of modern slavery.

We were founded through the vision and generosity of Catholic Religious congregations and our origins remain key to our identity. Our work is guided by the principles of Catholic Social Teaching: human dignity, solidarity, preferential option for poor and vulnerable people, and the dignity of work.

Our national network of safe houses provides personalised support, empowering clients on their path to a life that is free from slavery and exploitation.

In addition to providing clients with life-changing accommodation, Medaille Trust also works to promote justice and awareness.

We work closely with law-enforcement authorities to inform and support our work.

Medaille Trust works in partnership with like-minded charities in other countries to help prevent human trafficking and to support those victims who return home. We also raise awareness in the UK, through the likes of our Look Up! campaign with the Archdiocese of Birmingham and our newly released cookbook *A Taste of Home*.

Thank you for your interest in our work and your commitment to ending modern slavery. If you would like to know more, please get in touch.

**Medaille Trust**, Cathedral Centre,  
3 Ford Street, Salford M3 6DP

Visit: [medaille-trust.org.uk](http://medaille-trust.org.uk)  
Email: [enquiries@medaille-trust.org.uk](mailto:enquiries@medaille-trust.org.uk)  
Call: 0161 8172260

   @medailletrust

Medaille Trust is a registered charity, number 1117830

# Welcome

## Rooted in hope

I no longer live in the area where I was brought up, but I do visit there regularly. I always find it comforting to get back to my roots.

Medaille Trust has its roots in the Catholic Diocese of Portsmouth. That is where our founder, Sister Ann Teresa, first encountered those who were affected by modern slavery. That is where she – along with others who were similarly outraged – resolved to do something about it.

Although, in the past 15 years, we have expanded significantly, we have never left our roots.

I am, therefore, particularly pleased to announce that we are opening our latest safe house back on 'home' ground.

Some good friends of mine, who are involved in itinerant ministry, live by the maxim: 'Grow where you're planted'. In other words, make the most of every opportunity in every location.

As our new Moving On Project takes root in areas where, over recent years, we've established a positive presence, that maxim is particularly applicable to Medaille.

The Winter 2020 edition of this magazine was entitled 'Hope on the Horizon.' Back then, there did seem to be a glimmer of hope regarding the pandemic. Maybe the latest lockdown, impacting as it did for many people on long-planned-for Christmas celebrations, has taken away some of that hope. However, good news regarding the roll-out of vaccines and falling hospital cases rekindles that longing for better things to come.

As the first snowdrops peep through the soil with the promise of spring, I am reminded that

although we have not seen them until recently, they have been rooted there all along.

In 2019, when Pope Francis visited an area of Italy that had been devastated by an earthquake a few years earlier, he spoke of hope as being more than mere optimism.

'Hope', he said, 'does not expire, because it is based on God's fidelity... It is a hope that has strong roots that none of life's storms can uproot.'

Thank you for your continued, prayerful, practical and financial support for Medaille Trust.

To those who have survived the worst of storms, your actions are rooting a hope that can never be eradicated.



**Garry Smith**  
CEO, Medaille Trust

# House news



Stories of hope from our safe houses...

Your continued support helps keep our safe house doors open to victims of modern slavery throughout the UK. Thank you.

## #EndModernSlavery

### **Central Service** *Rooted in awards*

Over Christmas, we had a wonderful time celebrating all of our incredible service users with food, glamour and even a red carpet. We held our first awards ceremony to celebrate the things that make all of our service users so special.

Award categories included the likes of: 'Most Caring', 'Empowerment' and 'Enthusiasm'. Of course, no celebration is complete without an enticing spread of nibbles and Domino's pizza. The safe house was filled with laughter and excitement as all the service users dressed up for the joyous occasion.

Our amazing staff also took the opportunity to dress up and present the award ceremony. As our service users strutted down the red-carpet catwalk, they loved the glamour of their own personal photoshoot. The evening ended with some great music and funky dancing.



This was a truly memorable night and, in the midst of the pandemic, it was important for all of us to remember to find joy in the little things and laugh together. The mood in the house was ecstatic, as everyone had the opportunity to be empowered and remember the personal qualities that makes each of us unique.

### **Coastal Service** *Rooted in adaptability*

Due to the on-going pandemic, Coastal Service has been relatively quiet. The majority of external appointments have been cancelled and visitors to the safe house have been kept to a minimum. Consequently, the team has adapted the activity programme to keep our residents and children occupied. We have held many craft workshops, karaoke sessions, movie nights and English-to-Speakers-of-Other-Languages classes.

Christmas was most definitely the highlight of 2020. The clients made the house look extremely festive and each of them made tree decorations. All of the residents were delighted when Father Christmas – accompanied by one of his elves – appeared to deliver a personal gift. It was truly magical and everyone had a wonderful time. After our 'special delivery', we had a fabulous party with much singing, dancing and playing of traditional games.



Our attention is now turning to spring and planting out our vegetable patch. None of us has much gardening knowledge, so we will all learn together. Hopefully, it won't be a total disaster.

Earlier this year, we had snow, which many of our ladies have never seen before. They were all very excited to get outside and make snowmen in our white winter wonderland.

We have welcomed several babies. There are, it seems, some things that Covid-19 doesn't have the power to disrupt. All of them are doing well.

### **London East Service** *Rooted in affirmation*

The residents at London East are full of hidden talents. One of them is manicuring.

Just because there's nowhere for people to go at present doesn't mean that there's no reason to pamper yourself in a way that makes you feel great.

The simple ritual of doing one's nails and applying the brightest and most summery shades of pink and coral has brought the sunniest of smiles to our women.

We are fortunate to have some real experts in our midst who, despite lockdown, make sure that everyone gets a makeover. We put on some jolly music and bring out a selection of acrylics and polishes; the residents take it from there.



Little moments like this breathe energy through the house, lifting hearts and raising spirits as we continue to face uncertain times.

## **London West Service** *Rooted in achievement*

The past couple of months have been difficult for everyone, but once again our clients have managed to thrive in particular aspects of their lives. One of those shining moments was when a client asked – and was given – permission to work. After receiving the news, she set about putting together her CV and sending it out. Soon afterwards, she had an interview and was offered a job. This has made a huge difference to her quality of life. She now feels she is the person she used to be. Her experience has been inspiring to everyone in the house.

In November, we were able to celebrate Diwali with all of our clients. It was a fun, colourful day of food, art and costumes. Just before lockdown, we provided clients with a Christmas meal, a present and a party. During the Christmas period, we had one particular client who was extremely excited. For months, she had talked about preparing her turkey and bought herself



a new outfit for the big day. This particular client made sure to let everyone know that it was the best Christmas she has ever had.

Another success for the safe house has been the provision of 'Fitbit' health-monitoring devices, through a victim care fund. Clients are using them on a daily basis. This is helping to prompt them towards adopting a healthier lifestyle and promoting a community atmosphere.

## **Mersey Service** *Rooted in allotment*

Since New Year's Day, Mersey Service has increased capacity from 10 to 18 service users. Virtually doubling the number of clients has been an eventful and challenging time for everyone involved. Whenever one person enters the service, it is always a very busy period. Mersey staff, however, have embraced the challenge. Reaching out to support even more victims has kept us all motivated and enthusiastic about the work we do.

One of our new clients is a young man who had been a victim of labour exploitation for four years. A carefully planned rescue carried out by the trust's Director of Police and Justice Partnerships and one of our team members brought the young man to a place of safety.

With spring approaching, we are looking forward to starting our new allotment project.



Staff and clients are excited at the prospect of offering – and engaging in – educational and therapeutic growing projects on site. The primary aim is to help our clients with their recovery and reintegration into society. In the process, however, we will also be doing our bit to protect our immediate environment.

## **Northern Service** *Rooted in appreciation*

Following police intervention, Tacu came to us in October 2019. He had been a victim of 'cuckooing'. It is a term used for when drug dealers take over a vulnerable person's home and through threats of – or actual – violence, coerce them into selling drugs. As a result, Tacu was drug-dependent and struggled with his mental health.

During his rest and recovery period, Tacu has overcome many challenges. He has used this time to improve his mental wellbeing and to address and reduce his debt. This placed him in a better position to achieve his goals of becoming financially independent and of being able to transition from safe-house



accommodation. Upon leaving, Tacu brought flowers and chocolates for the staff to say 'thank you' for the support they had provided.

'My life has changed because of Medaille Trust and my special caseworker,' says Tacu. 'Today, I am debt-free, my health is fixed and I feel better and happy. Medaille has given me hope. I believe in myself again. I'm not afraid anymore. I have faith again. I have a beautiful house and I am very grateful. I'm ready to start a new life.'

## **Southern Service** *Rooted in adoption*

The Southern Service manager writes: 'I am incredibly proud of my staff who have really stepped up in responding to the challenges brought on by Covid-19. They have gone above and beyond the call of duty to ensure clients continue to receive the support they need.'

'During this difficult time, they have adopted new and flexible ways of working that have benefited service users now and will serve them well in the coming months.'

'At Christmas, we were under pressure to deliver the best possible day for our clients, which we achieved thanks to generous donations of gifts, vouchers and food. Staff and clients alike had a most enjoyable and memorable time.'



'Throughout lockdown, the team has worked together to ensure our clients continue to have the best care we can provide despite limited means and funds.'

# Safety in numbers

As well as being one of the UK's largest providers of safe-house accommodation, Medaille Trust works with like-minded partners to prevent trafficking and exploitation. Here are two stories that show the life-changing results of partnerships with the likes of charities, the police and the Church.

**Zofia** was just 18 when she started a relationship with an older man. Her mother strongly disapproved. She and Zofia argued. Zofia did more than leave home. Unknown to her mother, she took off with the man and travelled to the UK. Unsurprisingly, her mother was frantic.

A couple of weeks after leaving, Zofia messaged her mother to say where she was and that she was unhappy. On hearing this, her mother spoke with her parish priest. He then contacted a Religious sister in the UK, who, in turn, reached out to a Medaille team member with connections to the Catholic Church, Rita.

Rita phoned Zofia but, realising that someone else was with her, knew that Zofia was not free to talk. A number of conversations later, it became apparent that Zofia had been passed on to one of the boyfriend's acquaintances. Although she didn't say where she was, Zofia made it clear that she wanted to return home.

Fearing that Zofia was being trafficked for sexual exploitation, Medaille's safeguarding team arranged to meet her in a London hotel. While making the arrangements, Zofia's phone died and she never made the meeting.

Then, Medaille started getting messages from a new phone number. It was Zofia. The bad news was it was becoming clear that she was being held against her will and was sending messages covertly. Delicately, Rita coaxed Zofia's location from her.

Meanwhile, the family priest back home had relayed a message from the mother to say that Zofia's escort was trying to fly her to the Netherlands. Concerned that this indicated sexual exploitation, and now knowing that she was in a fast-food diner, the Medaille team contacted the police.

Thankfully, because of Covid-19 there were no flights. The police swooped on the restaurant, found the couple and arrested the man under the Modern Slavery Act.

Although safe, Zofia did not engage with the police. With her focus on being reunited with her mother, she refused to tell them her story or implicate the perpetrators. She duly flew home. The man, sadly, walked free.



Library picture posed by model

**Luka** was born in a poor part of Eastern Europe. When he was a toddler, he was taken into care. By the time he left care at 18, his parents had died.

For a while, he lived with his sister. She, though, was into crime and used Luka's identity card to commit fraud. He was forced to move out. With little or no money, he sofa-surfed or slept rough.

Through a friend, Luka contacted a guy called Martin, who lived in the UK. Eventually, Martin said he could find Luka a job. He offered to pay the fare for Luka to move to the UK, as well as providing food and accommodation. The opportunity sounded too good to be true and Luka jumped at the chance.

In 2016, Luka arrived in a town in the Midlands, where he moved in with Martin and his wife and children. Luka gave Martin his national identity card and passport for safekeeping. For the first month, Luka didn't have to work and he shared in family life. Soon afterwards, however, it became clear that things were, indeed, too good to be true.



Library picture posed by model

Martin had found Luka a job renovating older properties. Martin told him that he'd have to pay half of his wages to cover the cost of his food, rent and debts. Luka thought that sounded reasonable. In reality, it wasn't. For working long hours, six-day week, Luka earned £300. Every Saturday, Luka received just £20.

Luka was too frightened to confront Martin. With no money – and Martin holding on to his passport – Luka was compelled to keep working.

Unable to speak English and with nowhere to go, Luka felt helpless. He didn't know where to turn.

This carried on for five years until, one day, Luka got in touch with a friend back home. Recognising Luka's plight, the friend shared Luka's story with a local charity. Immediately, staff recognised that Luka was being exploited and, having worked with the Medaille Trust in the past, contacted one of our safe houses.

Medaille staff worked quickly to locate and rescue Luka. Today, he is a resident in one of our safe houses.

# Another door opens



## Medaille's work expands through purchase of new safe house

A new safe house will soon be welcoming guests and offering a place of support and sanctuary. In January, Medaille Trust completed its first-ever house purchase. Work on the five-bedroomed property, which is in the Catholic Diocese of Portsmouth, began immediately.

The opening of Medaille's latest place of refuge comes 15 years after its founder and Life President, Sister Ann Teresa, opened the first safe house in the same diocese.

The new facility will form part of a larger, more holistic, service in the area, encompassing the original safe house and a brand new outreach project to women who have moved on from safe-house accommodation. Such an intergrated approach will enable Medaille to provide longer and more specialist support to victims in their ongoing journey towards becoming survivors.

Just as a house is more than bricks and mortar, so a home is more than a place of safety.

Medaille puts great emphasis on making each of its houses a home for every client, wherever they come from and whatever their journey.

Medaille believes that each of its clients deserves a true touch of home. Medaille prides itself on offering a homely welcome to everyone under its roof.

We are so grateful for the continual prayers, hopes, time and trust that you invest in Medaille. Without you, we could not invest in the people who arrive our doorstep.

The new safe house is an exciting prospect but there is still much work to be done and much money to be spent. Will you help us?

With your help, we can turn our new safe house into a new, safe, home.

**A warm bed, a comfortable place to sit and a kitchen to cook in are things we regularly take for granted. In their journeys, however, victims of modern slavery have been denied such home comforts.**

You can help us make our new house a home for victims of modern slavery.

A donation of just £10 would help pay for:

- A personal set of bedding for each victim to feel cosy and safe
- Cushions and curtains to give the communal area a homelier feel of belonging.

To donate £10, text HOUSE2HOMENOINFO to 70450.

(Texts cost £10 plus one standard rate message)

### You can also help by...

- Sponsoring a room

We have five wonderful new safe rooms in our new house. A donation of £100 will pay for cosy bedding, curtains, a bedside lamp and lampshade.

- Giving a hand in the kitchen

A donation of £25 will pay for helpful kitchen extras that will enable our guests to cook up a taste of home

A donation of £15 will provide a kitchen starter pack for each guest.

### To donate:

Visit [medaille-trust.org.uk](http://medaille-trust.org.uk)

Give via Bacs

Medaille Trust Account number 43966674

Sort code 20-25-29

Send a cheque, payable to Medaille Trust, to

Medaille Trust, Cathedral Centre,  
3 Ford Street, Salford M3 6DP

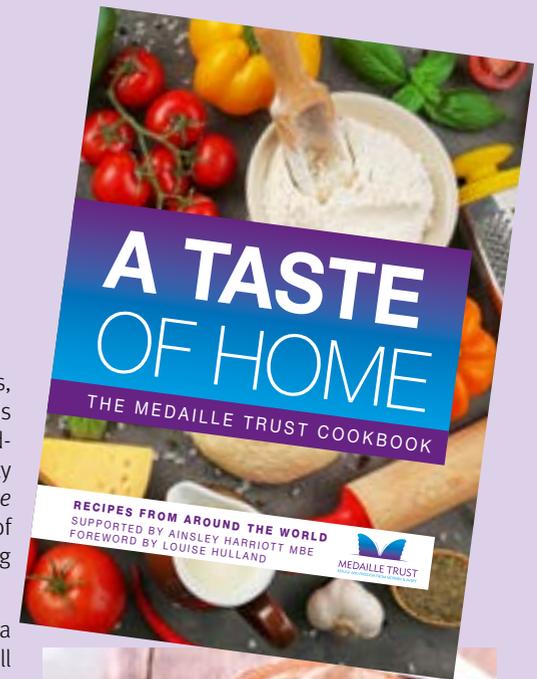
I wish Medaille Trust all the success in this cookbook and in their ongoing support to victims of modern slavery throughout their network of houses.



# Enjoy a taste of home

Freshly made just in time for last Christmas, the Medaille Trust cookbook *A Taste of Home* is proving to be a must-have addition for would-be master chefs. Packed with two dozen tasty dishes from around the world, *A Taste of Home* also provides food for thought as survivors of human trafficking share their heart-warming stories of rescue and recovery.

To whet your appetite for the book, here is a seasonal taster. If you like the look of it, you'll love the taste of it. Stocks are limited, so order yours today. Details are on page 19.



## PEANUT PANCAKES

Six-year-old Eshe lives with her mother in one of our houses. She didn't have the best start in life, as her mother, who had come to the UK on the promise of an education and a better life, was, in fact, a victim of domestic servitude.

To support her recovery, Eshe has been working with an art therapist and loves doing art. Ever creative, one day Eshe hit upon the idea of having pancakes every Sunday morning. The weekly treat is now favourite tradition for everyone in the house.

Her mum insists that to make pancakes to Eshe personal taste that just one egg is use. It works. They turn out thick and fluffy every time.

Eshe loves making them extra special by adding a big dollop of peanut butter on top. Enjoy!



### INGREDIENTS:

- 285g flour
- 285ml milk
- 1 egg
- 1 tablespoon oil
- 1 tablespoon sugar
- Peanut butter for topping

### METHOD:

1. Mix the milk, egg, sugar and flour.
2. Heat oil in pan. Don't let the oil get so hot that it gets smoky.
3. Add mixture to pan. Cook until crisp.
4. Top with peanut butter.

# VAT's the way to get things moving



Shutterstock

## Tampon Tax Fund enables Medaille Trust to support vulnerable women beyond its safe houses.

Last November, Medaille Trust received the news that the Government had awarded it £1 million to help its support of female survivors of human trafficking. The award comes from the Tampon Tax Fund, a scheme administered by the Department for Digital, Culture, Media and Sport whereby VAT collected from the sale of sanitary products is redistributed to 'projects that improve the lives of disadvantaged women and girls'.

In the last March's Budget, Chancellor of the Exchequer Rishi Sunak announced the plan to remove the 5 per cent tax. After a 20-year campaign challenging sanitary products being categorised as 'non-essential, luxury items', the zero rate came into force on New Year's Day.

Under project manager Simone Lord, Medaille will use the grant to deliver the Moving

On Project (MOP), an extensive outreach programme for women across England who have suffered abuse, violence and exploitation as a result of human trafficking and modern slavery.

Currently, once they leave a safe house, survivors have no guaranteed access to long-term support. Without this, women are often left vulnerable to re-exploitation and further harm.

The project will be available in locations across England, linking up with our Central, Coastal, London East, London West and Southern services. It will also enable us to expand our work with female survivors in the North West and the West Midlands.

MOP is a shared venture in which Medaille is partnering with the Snowdrop Project, a Sheffield-based charity that leads the way in best practice for long-term support to survivors of human trafficking and modern slavery.

'We are thrilled to be partnering with Medaille Trust,' says Lara Bundock, Founder and Director of the Snowdrop Project. 'Medaille Trust has been running top-quality safe houses for many years. It is exciting to work with them.'

Over the next 18 months, the plan is for outreach workers to connect with some 300 female survivors in the community to offer advice, advocacy and support. To those who don't otherwise have access to such opportunities, MOP will offer employability programmes.

Medaille CEO, Garry Smith, says: 'We're so grateful to the Tampon Tax Fund for this phenomenal level of support. While everyone faced challenges and had to deal with difficult situations in 2020, the pandemic greatly

impacted vulnerable and disadvantaged women.

'The daily challenges such women face don't disappear because of Covid-19. On the contrary, with reduced availability of crucial support and the risk of further deterioration in the months ahead, their situations have become harder.'

One of the cornerstones of the MOP will be to give survivors a voice and empower them to seek justice for their exploitation. Some survivors are distrusting of the police and are reluctant to engage with the justice system.

In a groundbreaking scheme, Medaille team members are being trained in the conducting of evidential and legally admissible interviews on behalf of police forces and law-enforcement agencies. It is hoped that such specialist training will help bring more cases to trial and more perpetrators to justice.



MOP project manager  
Simone Lord



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# In the hot seat



**Sister Jane Maltby,  
Vice-Chair of the  
Medaille Trust  
board of trustees,  
talks to  
Nigel Bovey**

## Sister Jane, how long you have been a Religious?

*I have belonged to the Society of the Sacred Heart for more than 50 years.*

## Can you remember your vocation?

*I can still remember why I wanted to become a Religious. I'd had a very strong experience of God's presence and of his love for me and – if it doesn't sound too odd – I fell in love with him.*

*I wanted to reciprocate his love in a concrete way. I sensed his calling and, sustained by prayer, I have spent my life living out that vocation.*

*It is only by nurturing my relationship with Christ that I can hope to bring his love to others.*

## How have you expressed that vocation within the wider world?

*When God called me, I had already completed teacher training. As a Religious, I was head of a primary school in London. I then became a child psychotherapist, after which I joined the leadership team in Rome. In that role, I travelled the world and saw first-hand how women are mistreated.*

## How long you have been a Medaille trustee?

*I've known about Medaille for a long time but have been a trustee for only a few years.*

## Why you decided to be a trustee?

*I became passionate about the disadvantaged women and children the trust supports. Refugees and prostitutes are people that society doesn't want to know about. I see my involvement as an extension of my work in education. If Medaille can help just one woman or just one child, I want to be part of that.*

## Which Catholic values do you see in action within Medaille?

*It's about gospel values – Jesus' preferential love for poor, unloved, marginalised and outcast people. The work of Medaille reflects the reaching out of Jesus to people in dire need, particularly to women who have been counted as worthless.*

## How important is it for the Catholic Church to support the work of Medaille?

*We are a Catholic charity and should reflect the teaching of the Church and the example of Pope Francis. It is important that Religious congregations support and that parishes get involved, but essentially we are a movement of 'ordinary' Catholic – and other Christian – individuals.*

*At Mass, we regularly hear how Jesus related to people on the margins. Supporting the trust is one way we can get involved in a similar ministry.*

## To what extent do you welcome the input of other Christian communities?

*I absolutely welcome other Christians – we are the one Body of Christ. I also welcome other religions who share our social values.*

## What gives you the most satisfaction from being a trustee?

*Meeting women in our safe houses, hearing their stories and seeing how much Medaille is helping to change their lives.*



# Please pledge your support and make a donation.

If you can, please *giftaid* it. Thank you.

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First name or initial:.....  
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**Our Privacy Pledge:** We will store your data securely and ensure the security of your data when dealing with banks and the postal service. For more details, please read our privacy statement online: [medaille-trust.org.uk/legal/privacy-policy](http://medaille-trust.org.uk/legal/privacy-policy) We are registered with the Fundraising Regulator.

### I would like to make a donation of:

£200  £100  £50  £20  £10  Other £

Please make cheques payable to: **Medaille Trust**

I do not require an acknowledgement for this donation

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*By completing the following section, your bank will pay us automatically. You can donate monthly, quarterly or annually.*

### Please pay to: Medaille Trust Limited

Account No: 43966674 Sort code: 20-25-29  
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The sum of £.....  
Each month / quarter / year (please circle) until further notice and debit my account

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Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer (please complete on p17).

To gift-aid your donation, please tick this box:

I want to gift-aid my donation of £..... and any donations I make in the future or have made in the past four years to Medaille Trust.

I am a UK taxpayer. I understand that if I pay less income tax and/or capital gains tax than the amount of Gift Aid claimed on all my donations in that tax year, then I will be responsible for paying any difference.

Please notify the charity if you:

- Want to cancel this declaration
- Change your name or home address
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If you pay income tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your self-assessment tax return or ask HMRC to adjust your tax code.

Please detach this form and post to:  
Medaille Trust, Cathedral Centre, 3 Ford Street, Salford M3 6DP

KEEP IN TOUCH (please tick if you'd like):

- To receive free copies of our magazine in the post (three issues a year)
- To receive our magazine via email (three issues a year)
- My email address:.....
- Information about how to get more involved with Medaille Trust
- Information about leaving a legacy to Medaille Trust in your will
- To be removed from our postal mailing list  or our email list

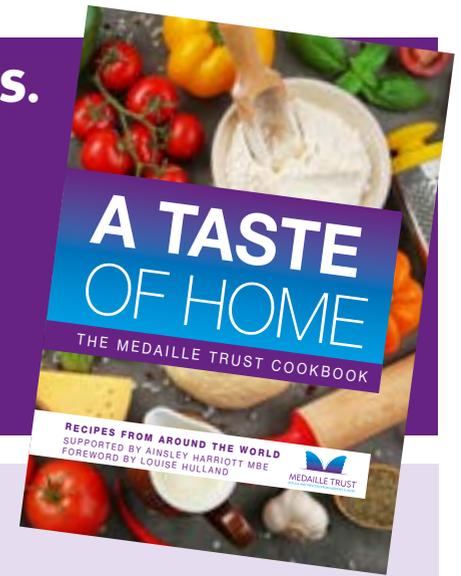
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Please know that every £ makes a difference.



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Number of copies @ £9.99 each, plus £1.40  
p&p (UK and Rol) or £4.80 (international)

Total amount paid by Bacs

Total amount paid by cheque

## HOW YOU CAN PAY

Email your order form to  
**comms@medaille-trust.org.uk**  
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**Account Number 43966674**  
**Sort Code 20-25-29**

Please mark your payment CB  
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Send your order form and a cheque to:

**Medaille Trust**  
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Please make cheques payable  
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Medaille Trust  
registered charity, number 1117830

**Medaille Trust is a member of Renate, COATNET, CSAN**

Chair of Trustees: Simon Young  
Life President: Sister Ann Teresa  
Editor: Nigel Bovey

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Visit: [medaille-trust.org.uk](http://medaille-trust.org.uk) Email: [enquiries@medaille-trust.org.uk](mailto:enquiries@medaille-trust.org.uk)

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