



MEDAILLE TRUST
REFUGE AND FREEDOM FROM MODERN SLAVERY

VOLUNTEER ROLE DESCRIPTION	
ROLE TITLE	Ad-hoc Wellbeing Volunteer – London West
SUMMARY	<p>Medaille Trust supports and empowers survivors of modern slavery, trafficking and exploitation. We do this in a number of ways, from offering safe accommodation, to offering support both in our safehouses and out in the community on our Moving on Projects. Our work also includes advocacy and awareness raising in the UK as well as an entrepreneurship academy in Albania, which provides meaningful alternatives to those who may otherwise be at risk of exploitation. All our work embodies a commitment to personalised support, recognising the dignity and agency of our service users and empowering them on a path to a life that is free from slavery and exploitation.</p> <p>As part of the work we do, we offer activities to service users to help them to gain skills, learn new things and create friendships.</p> <p>We know that wellbeing is hugely important for our service users and so with that in mind, we are looking for volunteers who can deliver ad-hoc sessions in wellbeing such as yoga, pilates, meditation, facials, arts & crafts etc. This would suit someone who wants to gain volunteer experience in this sector but is unable to commit to something on a more regular basis.</p> <p>The activities should be trauma informed and meet the specific needs of the service user group.</p>
RESPONSIBLE TO	Senior Case Worker– London West
COMMITMENT LEVEL	Ad-hoc as and when required
DURATION	6-month minimum commitment after training.
LOCATION OF ACTIVITY	Hillingdon
CORE TASKS	<p>We are looking for Volunteers to help support us with ad-hoc wellbeing sessions, tasks will include:</p> <ul style="list-style-type: none">• Delivering wellbeing activities for service user participation.• Helping service users to engage within a group setting.• To offer a safe and comfortable experience for all service users, showing awareness of service users’ varying physical and mental well-being needs.• To provide feedback to Senior Case Worker- reporting any observations or concerns in a timely manner.• To take part in regular supervision and support• To regularly attend volunteer or staff meetings• To attend training as and when required• To work within agreed professional boundaries at all times



MEDAILLE TRUST
REFUGE AND FREEDOM FROM MODERN SLAVERY

	<ul style="list-style-type: none">To provide a safe and non-judgmental environment that promotes the core values and ethos of the Trust, in accordance with the Medaille Trust Policy, Data Protection Act, and Health and Safety Regulations.
PERSON SPECIFICATION	<p>The role would suit someone who is friendly, kind, empathetic and non-judgemental. This position is very rewarding and would suit a person who is happy to work in a team, in a busy and sometimes challenging environment.</p> <p>This role requires maturity, and an ability to engage with female adults in a trauma informed way, while working alongside staff members to deliver the activities in line with agreed procedures and systems.</p> <ul style="list-style-type: none">Volunteers must be at least 18 years old.Must have relevant qualifications and experience in activities that they are delivering – such as training in yoga, facials etc.Volunteers will need to be computer literate and have a good standard of spoken and written EnglishAbility to maintain confidentiality is essentialVolunteers to have knowledge and understanding of human trafficking issues or willingness to learnKnowledge of mental health issues and the challenges faced or a willingness to learnAn understanding of the importance of professional boundaries in the roleMust be able to get to the venue which is based in Hillingdon. <p>This role is restricted for females under the Occupational Requirement under Schedule 9 (part 1) of the Equality Act 2010 and is subject to ongoing satisfactory Disclosure & Barring Service checks.</p>
TRAINING PROVIDED	<p>Induction to the Medaille Trust, including an overview of Modern Slavery in the UK and safeguarding</p> <p>Any additional training that is commensurate to the individual role</p> <p>Regular Supervision is required for this role</p>
REIMBURSEMENT OF EXPENSES	<p>Travel costs and other expenses in line with our expenses policy.</p>
ANY OTHER INFORMATION	<p>An enhanced DBS check is required to volunteer.</p>